



March 2023 Newsletter

SOCA's Race & Challenge Weekend

What an amazing weekend! The annual SOCA Extreme Cowboy Race and Obstacle Challenge weekend at the Florida Horse Park was an amazing success! With 70 riders in the race and over 60 in the obstacle challenge, competition was tough and the judges decisions were even tougher! Thanks to all of the competitors, judges, volunteers and sponsors that made this event happen. Full results are in this newsletter and on the website. Thanks again everyone!

UPCOMING EVENTS!

April 15th - Obstacle Challenge at Darby Oaks Stables in Bushnell, FL

May 6th - Extreme Cowboy Race at The Canyon Lodge in Hodges, AL

June 3rd and 4th - Extreme Cowboy Race National Championships hosted by SOCA in Shelbyville, TN

2023 SOCA EVENT FLYERS ARE POSTED ON THE WEBSITE - IT'S NEVER TOO EARLY TO ENTER!

2023 Events

1/14-15/23 – Craig & Cole Cameron Clinic – Darby Oaks Stables, Bushnell, FL

3/4-5/23 – Florida Horse Park – Extreme Cowboy Race (double points) on Saturday & Obstacle Challenge on Sunday

4/15/23 – Obstacle Challenge – Darby Oaks Stables, Bushnell, FL

5/6/23 – Extreme Cowboy Race (double points) The Canyon – Hodges, AL

6/3-4/23 – Extreme Cowboy Race – EXCA National Championships, TBD (5X Points)

7/8/23 - Obstacle Schooling Day – Darby Oaks Stables, Bushnell, FL

8/11/23 – Lee Hart Clinic, Gainesville, GA

8/12/23 – Extreme Cowboy Race –SE Regional Championships - TBD (Triple Points) Chicopee Agricultural Center, Gainesville, GA

9/16/23 – Extreme Cowboy Race - TBD

11/18/23 – Obstacle Challenge – Darby Oaks Stables, Bushnell, FL

We need 2023 Sponsors!!

If you or a business that you know would like to be sponsor for SOCA, we would really appreciate it! Any amount is appreciated.



RESULTS FROM THE MARCH 4, 2023 FLORIDA STATE CHAMPIONSHIP EXTREME COWBOY RACE

	Young Guns Divison Results		Round 1	Round 2	Total
1	Ashlyn Kelley	Snazzy	112.000	122.355	234.355
2	Brooke Bremer	Shades	97.058	118.181	215.239
3	Ella Laiosa	Doc Holiday	104.829	0.000	104.829
	Novice Divison Results				
1	Edward Brown	Spook	161.187	186.331	347.518
2	Terri Glonek	One Tuff Cowgirl	164.509	176.692	341.201
3	Danielle Varn	Titan	151.864	177.660	329.524
4	Sherry Garman	Lumpy	152.375	169.541	321.916
5	Stacy Chambers	Sparkles	144.793	176.762	321.555
6	Sarah Bremer	Rocket	143.887	138.617	282.504
7	Janet Bozeman	Fergie	137.286	144.688	281.974
8	Maggie Young	Lets Face It	143.075	128.559	271.634
9	Mo Earle	Whodat	130.201	125.361	255.562
10	Connie Lloyd	Larks Grey Twist	126.774	124.541	251.315
11	Cullen Green	Tater	115.318	135.112	250.430
12	Alaina Faiello	Leo	119.758	119.251	239.009
13	Portia Bradway	Fred	109.209	124.266	233.475
14	David Chambers	Angola	101.390	118.423	219.813
15	Denise McMeekin	Macky	0.000	146.813	146.813
16	Dusty Bremer	Diesel	117.489	0.000	117.489
	Green Horse Results				
1	Holly Rosenau	Faline	171.533	180.425	351.958
2	Shelby Ratliff	One Tuff Cowboy	170.551	169.916	340.467
3	Abbey Slaven	Ezra	166.419	173.675	340.094
4	Tracy Pinson	Tuff Lil Texan	171.332	152.125	323.457
5	Cat Zimmerman	Monche	142.218	156.175	298.393
6	Abbey Slaven	Don't Jinx It	131.090	145.593	276.683
7	Haleigh Price	Nora	104.833	122.479	227.312
8	Lee Hart	Tricky	154.530	0.000	154.530
9	Lee Hart	Concho	145.796	0.000	145.796
10	Al Murphy	Neon	131.917	0.000	131.917
	Non Pro Divison Results				
1	Tracy Pinson	2X T-Buck	211.681	227.779	439.460
2	Tracy Pinson	Tuff Struck Gold	209.602	227.309	436.911
3	Jazzy Durgin	Bullet Proof	200.178	227.691	427.869
4	Shelby Ratliff	Drifting Thru Poco	202.394	209.400	411.794
5	Steve Barrett	Echo	184.475	210.775	395.250
6	Michael Garman	Newt	175.333	210.192	385.525
7	Dennis Tipton	Pepto Master	181.665	201.006	382.671
8	Lesa Roe	Fergie	151.484	159.166	310.650
9	Dennis Tipton	Roos Pine Olena	187.761	0.000	187.761

	Intermediate Divison Results		Round 1	Round 2	Total
1	Michael Garman	Newt	217.077	228.561	445.638
2	Jenna Bishop	J-Low	209.875	224.345	434.220
3	Lisa Steinbach	Tuff Struck Gold	216.693	214.598	431.291
4	Cathy Rotola	PSU He's Smart N Peppy	196.911	201.175	398.086
5	Marilyn Loaces	Manolo de Erimar	188.899	200.244	389.143
6	Edward Brown	Spook	177.615	198.473	376.088
7	Terri Glonek	One Tuff Cowgirl	174.210	187.991	362.201
8	Janet Bozeman	Fergie	166.623	177.025	343.648
9	Tim Haupt	Race	150.600	163.805	314.405
10	Lesa Roe	Fergie	150.907	162.370	313.277
11	Tim Haupt	Loomis	144.890	148.206	293.096
12	Maggie Young	Lets Face It	152.014	0.000	152.014
	Youth Division				
1	Breanna Bork	Diego	201.986	196.421	398.407
2	Gina Gatto	Patch	160.099	166.299	326.398
3	Meredyth Crews	Dixie	166.216	159.339	325.555
4	Charlotte Kelley	Fitz	145.089	147.373	292.462
5	Gia Faiello	Oops	89.000	93.505	182.505
	Ride Smart Divison Results				
1	Tracy Pinson	2X T-Buck	227.787	239.477	467.264
2	Lisa Steinbach	Tuff Struck Gold	211.817	216.332	428.149
3	Michael Garman	Newt	209.525	210.175	419.700
4	Steve Barrett	Echo	188.250	217.390	405.640
5	Dennis Tipton	Roos Pine Olena	206.695	195.482	402.177
6	Dennis Tipton	Pepto Master	198.992	198.620	397.612
7	Tim Haupt	Loomis	149.089	164.952	314.041
8	Tim Haupt	Race	152.218	151.273	303.491
9	Sherry Garman	Lumpy	171.734	0.000	171.734
	Pro Divison Results				
1	Carly Renault	Cat N Sugar	224.666	234.621	459.287
2	Jazzy Durgin	Bullet Proof	223.770	221.278	445.048
3	Jazzy Durgin	Dreamer	190.610	218.998	409.608
4	Cat Zimmerman	Stitch	198.282	186.063	384.345
5	Trey Allen	UF Riginal Bull	180.878	195.116	375.994

March 2023 Newsletter

PICTURES FROM THE MARCH 5, 2023 FLORIDA STATE CHAMPIONSHIP EXTREME COWBOY RACE



Judges Lee
& Laura
Hart,
Steve
Barrett
and special
guest
Culen
Green!



Novice



Green Horse



Non Pro



Intermediate



Youth



Ride Smart



Pro



March 2023 Newsletter

RESULTS FROM THE MARCH 5, 2023 OBSTACLE CHALLENGE AT THE FLORIDA HORSE PARK

Place	Rider	Horse	Div	TOTAL
1	Al Murphy	Neon	GH	131.00
2	Holly Rosenau	Faline	GH	127.50
3	Elizabeth Yorke	Santiago	GH	121.00
4	Terri Glonek	Tuff Lil Texan	GH	111.00
5	Pat Morris	Pepper	GH	96.00
6	Laura Sachs	Dixie	GH	93.00
7	Briana Tribett	Cookie	GH	91.50
8	Mandy Hughes	Kings Hollywood Magic	GH	83.50
9	Janna Loeffler	HMS Anastacia	GH	75.50
1	Alexa Jackson	Pepperoni	Y	128.50
2	Meghan Maharrey	One Tuff Cowgirl	Y	123.50
3	Ella Laiosa	Doc Holiday	Y	115.50
4	Charlotte Kelly	Fitz	Y	108.00
5	Gina Gatto	Patch	Y	104.50
6	Brooke Bremer	Shades	Y	98.00
7	Ashlyn Kelly	Snazzy	Y	89.50
8	Kailey Hetherman	One Tuff Cowboy	Y	89.00
9	Emma Taylor	Uno	Y	66.50
10	Gia Faiello	Oops	Y	58.50
1	Suzan Hunt	Emmett	P	148.00
2	Cathy Rotola	Nick	P	146.00
3	Donna Schneider	Hey Gotcha	P	142.00
4	Lesa Roe	Cat	P	139.50
5	Shelby Ratliff	Drifting Thru Poco	P	136.50
6	Renee Lewis	TR Really Splendid "Ace"	P	129.50
7	Paige Mulford	Maya	P	117.00
8	Connie Lloyd	Larks Grey Twist	P	105.50

Place	Rider	Horse	Div	TOTAL
1	Stacy Chambers	Sparkles	N	131.00
2	Sarah Bremer	Rocket	N	131.00
3	Elizabeth Yorke	Harry Potter	N	131.00
4	Janet Bozeman	Fergie	N	129.00
5	Rebecca Hurm	LovealottaJack	N	128.00
6	Kimberly Paquette	Absoluteontherocks	N	124.50
7	Helen Boyce	Topper Boyce	N	124.00
8	Julie Testa	Boone	N	124.00
9	Karen Chadwick	GB Bocelli	N	120.50
10	Dusty Bremer	Diesel	N	118.50
11	Donna Milliken	Thor	N	118.00
12	Leslie Davis	WR Esmeralda's Will By Caymus	N	116.50
13	Robin Staley	Demi	N	102.50
14	Dan Harmon	Akiki	N	96.50
15	Courtney Snyder	Finn	N	94.00
16	David Chambers	Angola	N	90.00
17	Jane Mundy	Roman	N	80.50
18	Jerrilyn Taylor	Dude	N	72.50
19	Alyssa Ladika	Mercedes	N	62.00
20	Alaina Faiello	Leo	N	7.00
1	Margo Cook	Luna	I	141.50
2	Donna Bellusci	Chicago's Lad (Caz)	I	136.00
3	Lisa Cusimano	Sierra	I	131.50
4	Garey Wallace	Breeze	I	130.50
5	Phyllis Kirby	Patrone	I	130.00
6	Marilyn Loaces	Manolo de Erimar	I	129.00
7	Barbara Van Winkle	Pepper	I	128.00
8	Miah O'Cain	Dakota	I	126.50
9	Nancy Biddinger	Rooster	I	124.00
10	Mo Earle	Whodat	I	120.00
11	Susan Walters	Arrow	I	120.00
12	Edward Brown	Spook	I	118.50
13	Denise McMeekin	Macky	I	116.00
14	Karen Ketchum	Bindi	I	95.50
15	Tim Haupt	Loomis	I	86.50
16	Tim Haupt	Race	I	67.00

PICTURES FROM THE MARCH 5, 2023 OBSTACLE CHALLENGE AT THE FLORIDA HORSE PARK



Green Horse



Novice



Intermediate



Open Elite



Youth



March 2023 Newsletter

HIGH POINT STANDINGS AS OF 3/6/23

SOCA RACE HIGH POINT - 2023

Young Guns Divison Results

1	Ashlyn Kelley	Snazzy	234.355
2	Brooke Bremer	Shades	215.239
3	Ella Laiosa	Doc Holiday	104.829

Novice Divison Results

1	Edward Brown	Spook	347.518
2	Terri Glonek	One Tuff Cowgirl	341.201
3	Danielle Varn	Titan	329.524
4	Sherry Garman	Lumpy	321.916
5	Stacy Chambers	Sparkles	321.555
6	Sarah Bremer	Rocket	282.504
7	Janet Bozeman	Fergie	281.974
8	Maggie Young	Lets Face It	271.634
9	Mo Earle	Whodat	255.562
10	Connie Lloyd	Larks Grey Twist	251.315

Green Horse Results

1	Holly Rosenau	Faline	351.958
2	Shelby Ratliff	One Tuff Cowboy	340.467
3	Abbey Slaven	Ezra	340.094
4	Tracy Pinson	Tuff Lil Texan	323.457
5	Cat Zimmerman	Monche	298.393
6	Abbey Slaven	Don't Jinx It	276.683
7	Haleigh Price	Nora	227.312
8	Lee Hart	Tricky	154.530
9	Lee Hart	Concho	145.796
10	Al Murphy	Neon	131.917

Non Pro Divison Results

1	Tracy Pinson	2X T-Buck	439.460
2	Tracy Pinson	Tuff Struck Gold	436.911
3	Jazzy Durgin	Bullet Proof	427.869
4	Shelby Ratliff	Drifting Thru Poco	411.794
5	Steve Barrett	Echo	395.250
6	Michael Garman	Newt	385.525
7	Dennis Tipton	Pepto Master	382.671
8	Lesia Roe	Fergie	310.650
9	Dennis Tipton	Roos Pine Olena	187.761

Intermediate Divison Results

1	Michael Garman	Newt	445.638
2	Jenna Bishop	J-Low	434.220
3	Lisa Steinbach	Tuff Struck Gold	431.291
4	Cathy Rotola	PSU He's Smart N Peppy	398.086
5	Marilyn Loaces	Manolo de Erimar	389.143
6	Edward Brown	Spook	376.088
7	Terri Glonek	One Tuff Cowgirl	362.201
8	Janet Bozeman	Fergie	343.648
9	Tim Haupt	Race	314.405
10	Lesia Roe	Fergie	313.277

Youth Divison Results

1	Breanna Bork	Diego	398.407
2	Gina Gatto	Patch	326.398
3	Meredyth Crews	Dixie	325.555
4	Charlotte Kelley	Fitz	292.462
5	Gia Faiello	Oops	182.505

Ride Smart Divison Results

1	Tracy Pinson	2X T-Buck	467.264
2	Lisa Steinbach	Tuff Struck Gold	428.149
3	Michael Garman	Newt	419.700
4	Steve Barrett	Echo	405.640
5	Dennis Tipton	Roos Pine Olena	402.177
6	Dennis Tipton	Pepto Master	397.612
7	Tim Haupt	Loomis	314.041
8	Tim Haupt	Race	303.491
9	Sherry Garman	Lumpy	171.734

Pro Divison Results

1	Carly Renault	Cat N Sugar	459.287
2	Jazzy Durgin	Bullet Proof	445.048
3	Jazzy Durgin	Dreamer	409.608
4	Cat Zimmerman	Stitch	384.345
5	Trey Allen	UF Riginal Bull	375.994

SOCA OBSTACLE CHALLENGE HIGH POINT - 2023

	Rider	Horse	Total
Novice Division			
1	Stacy Chambers	Sparkles	131.00
2	Sarah Bremer	Rocket	131.00
3	Elizabeth Yorke	Harry Potter	131.00
4	Janet Bozeman	Fergie	129.00
5	Rebecca Hurm	LovealottaJack	128.00
6	Kimberly Paquette	Absoluteontherocks	124.50
7	Helen Boyce	Topper Boyce	124.00
8	Julie Testa	Boone	124.00
9	Karen Chadwick	GB Bocelli	120.50
10	Dusty Bremer	Diesel	118.50
Youth Division			
1	Alexa Jackson	Pepperoni	128.50
2	Meghan Maharrey	One Tuff Cowgirl	123.50
3	Ella Laiosa	Doc Holiday	115.50
4	Charlotte Kelly	Fitz	108.00
5	Gina Gatto	Patch	104.50
6	Brooke Bremer	Shades	98.00
7	Ashlyn Kelly	Snazzy	89.50
8	Kailey Hetherman	One Tuff Cowboy	89.00
9	Emma Taylor	Uno	66.50
10	Gia Faiello	Oops	58.50
Intermediate Division			
1	Margo Cook	Luna	141.50
2	Donna Bellusci	Chicago's Lad (Caz)	136.00
3	Lisa Cusimano	Sierra	131.50
4	Garey Wallace	Breeze	130.50
5	Phyllis Kirby	Patrone	130.00
6	Marilyn Loaces	Manolo de Erimar	129.00
7	Barbara Van Winkle	Pepper	128.00
8	Miah O'Cain	Dakota	126.50
9	Nancy Biddinger	Rooster	124.00
10	Mo Earle	Whodat	120.00
Open Elite Division			
1	Suzan Hunt	Emmett	148.00
2	Cathy Rotola	Nick	146.00
3	Donna Schneider	Hey Gotcha	142.00
4	Lesia Roe	Cat	139.50
5	Shelby Ratliff	Drifting Thru Poco	136.50
6	Renee Lewis	TR Really Splendid "Ace"	129.50
7	Paige Mulford	Maya	117.00
8	Connie Lloyd	Larks Grey Twist	105.50

Get Your Horse Fit For Spring!

Longer days and warmer weather are on the horizon. I don't know about you, but it makes me want to pull out the saddle and go for a ride! The important thing to remember, is that your horse needs to be conditioned before you expect too much from him. Getting him fit will build his stamina and lower his risk of injury. Follow these tips and you'll be on your way to riding all the time!



Steps to Follow:

1. Give your veterinarian a call to confirm your horse is ready for conditioning.
2. Schedule an appointment with your farrier to give your horse a fresh trim or put shoes back on.
3. Speak with a nutritionist to adjust food intake for a horse in work.
4. Consider adding supplements, or minerals, if necessary.

Start Slowly:

1st Week: Try to limit your rides to short sessions and no more than 3 hours per week. Light work in the beginning is ideal.

2nd/3rd Week: Build up to 3-5 hours per week. You can start incorporating short canters, small hills, and leg yields by the end of the 3rd week.

4th Week: If your horse has responded well, then you can consider longer rides of 60 minutes. 5 hours per week with increasing demands is a pretty intense workout schedule.

Know Your Horse's Vitals:

Your horse's normal vitals should be around 98-101 degrees Fahrenheit for his temperature, a heart rate of 32-40 BPM, and a respiratory rate of 8-20 breaths per minutes.

The **maximum** they should ever be when exercising:

Temperature: 103 degrees Fahrenheit

Heart Rate: 200 BPM

Respiratory: 80-100 breathes per minute

Your horse's heart rate should return to normal much faster once he is fit.

Your horse will reap a ton of benefits by ditching the hay belly and working out. You'll notice increased muscle and tendon strength and improvement in bone quality, red cell volume, and oxygen uptake. Start with frequent, short workouts that are low intensity, and over time you'll see the improvement.



March 2023 Newsletter

SOCA would like to thank our 2023 Corporate Sponsors
Darby Oaks Stables – Well Balanced Horsemanship
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2023 SPONSORS NEEDED!

SOCA is a **501c3 Non Profit Organization**, so donations are tax deductible. Small or large, **ALL** donations are appreciated!!! Sponsorships help us provide **better events for you**, including prizes, donations to charities and buckles for high point awards.

THANK YOU!!!

March 2023 Newsletter

SOCA would like to thank the following for Product Donations to the EXCA National Championships!

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TROPLE CROWN

SOCA NEWS

Purpose of SOCA

OBSTACLE CHALLENGES

- Divisions for all levels of horses and riders
- Open to all breeds
- Payback in all classes, prizes, and ribbons
- Ten to fifteen obstacles
- Events will be in arenas and on the trail

EXTREME COWBOY RACES

- Sanctioned Extreme Cowboy Races with divisions for: Pro, Non-Pro, Novice, Intermediate, Ride Smart, Youth, Young Guns, & Green Horse
- Open to all breeds
- Payback, prizes, and ribbons

CLINICS/SCHOOLING DAYS

- Learn to negotiate obstacles
- Schooling days will allow you to practice obstacles with the help of others, and without the pressure of competition.

THANKS TO ALL OUR
SPONSORS, JUDGES &
VOLUNTEERS THAT MAKE OUR
EVENTS POSSIBLE!

Extreme Cowboy Racers

Reminder to pay your dues to the
EXCA so your points will count! If
you aren't sure if you are current,
check the EXCA website under the
club page.



SOCA dues (\$10) are due
January 1st!

Please renew at your first
event of the year. Dues help
fund the highpoint awards
and administrative costs of
the club.

If you have news that you would like to submit to the SOCA
newsletter, please email it to
southernobstaclechallenges@gmail.com

