



July/August 2023 Newsletter

SE Regional Championship Extreme Cowboy Race

Thanks to everyone that came to the Southeastern Regional Championship Extreme Cowboy Race at the Chicopee Woods Agri Center in Gainesville, GA. The turnout was awesome - 86 entries! We had a great clinic with Lee Hart on Friday, then he and Diane McMurtrey judged the race on Saturday. Thanks to John Glonek for announcing the race and keeping everything running smoothly. The courses were fast and fun! Complete results are in the newsletter and on the website.

Thank you so much to all the volunteers that make our events happen - We absolutely cannot do it without all of you! Special thanks to Joe Holloway and Dennis Tipton for all your work in hosting this event!

Obstacle Schooling Day

SOCA hosted a schooling day at Darby Oaks Stables in Bushnell, FL on July 8th, with over 40 horses and riders enjoying the day. The shade trees and water obstacles were the favorite spots of the day! We appreciate everyone that came out to school on the obstacles and hope to see you at a challenge or race soon!

2023 Events

- 1/14-15/23 – Craig & Cole Cameron Clinic – Darby Oaks Stables, Bushnell, FL**
- 3/4-5/23 – Florida Horse Park – Extreme Cowboy Race (double points) on Saturday & Obstacle Challenge on Sunday**
- 4/15/23 – Obstacle Challenge – Darby Oaks Stables, Bushnell, FL**
- 5/6/23 – Extreme Cowboy Race (double points) The Canyon – Hodges, AL**
- 6/3-4/23 – Extreme Cowboy Race – EXCA National Championships, TBD (5X Points)**
- 7/8/23 - Obstacle Schooling Day – Darby Oaks Stables, Bushnell, FL**
- 8/11/23 – Lee Hart Clinic, Gainesville, GA**
- 8/12/23 – Extreme Cowboy Race –SE Regional Championships - (Triple Points) Chicopee Agricultural Center, Gainesville, GA**
- 11/18/23 – Obstacle Challenge – Darby Oaks Stables, Bushnell, FL**

**THANK YOU TO ALL OF THE
VOLUNTEERS THAT MADE THESE
EVENTS HAPPEN!!!!**

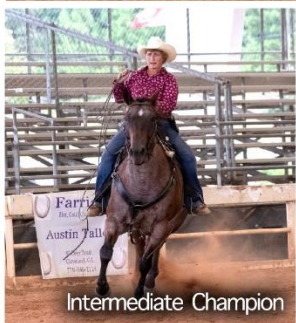
**2023 SOCA EVENT FLYERS ARE
POSTED ON THE WEBSITE – IT'S
NEVER TOO EARLY TO ENTER!**



July/August 2023 Newsletter

SE Regional Championship Extreme Cowboy Race in Gainesville, GA

Thank you Shelby Ratliff Photography!



Southeastern Regional Championship Extreme Cowboy Race Winners



Young Guns



Novice



Youth



Green Horse



Non Pro



Intermediate



Ride Smart



Pro



Extreme Cowboy Race High Point Champions



Young Guns



Novice



Youth



Green Horse



Non Pro



Intermediate



Ride Smart



Pro



SE Regional Championship Extreme Cowboy Race Results

			Round 1	Round 2	Total
	Young Guns Divison Results				
1	Jordan Jeffers	Champ	209.077	202.071	411.148
2	Rilynne Rose	Jack	178.583	186.77	365.353
3	Laynie Rose	Tuff	131.725	167.942	299.667
4	Kinsleigh Rose	Tuff	114.721	146.186	260.907
	Novice Divison Results				
1	Tyler Howe	Indiana Cowgirl	252.366	285.014	537.380
2	Jamie Caldwell	Pepto Master	257.693	277.824	535.517
3	Terri Glonek	One Tuff Cowgirl	253.289	264.302	517.591
4	Jamie Caldwell	Roos Pine Olena	242.899	272.787	515.686
5	Angela Graham	Jack	242.033	251.122	493.155
6	Edward Brown	Spook	236.984	254.187	491.171
7	Danny Inman	Drifting Pick	225.731	250.568	476.299
8	Alecia Grissett	Pepper	221.266	241.753	463.019
9	Maggie Young	Lets Face It	227.188	235.492	462.680
10	Laurin Whitaker	Reyce	229.520	226.968	456.488
11	Sandra Baird	Cody	216.023	235.441	451.464
12	Stacy Chambers	Sparkles	223.414	220.798	444.212
13	Sherry Garman	Lumpy	224.282	212.623	436.905
14	Charles King	Raja	226.832	207.283	434.115
15	Jodi Penosky	Rowdy	170.586	209.637	380.223
16	Kylee Corkum	Sadie	179.227	183.340	362.567
17	James Neville	Taco	135.602	146.173	281.775
18	Patience Wood	Rooney	128.250	139.340	267.590
	Green Horse Results				
1	Mike Jeffers	Gus	279.107	280.360	559.467
2	Carly Renault	Sign That Check	262.432	274.566	536.998
3	Hannah Howe	Peppy	250.352	246.115	496.467
4	Mike Jeffers	Spirit	228.847	264.000	492.847
5	Tracy Pinson	Tuff Lil Texan	235.474	241.876	477.350
6	Courtney Pearre	Smokin' Leo Hayes	222.374	221.773	444.147
7	Paige Mulford	Maya	207.986	227.739	435.725
8	Cindy Hahn	Oh Que Cats Royal	181.002	198.750	379.752
9	Laurin Whitaker	Diamond	124.365	189.670	314.035
10	Stacy Chambers	Believeinn Bonita	135.081	151.913	286.994
	Non Pro Divison Results				
1	Kelsie Yates	Whiskey	336.084	359.082	695.166
2	Tracy Pinson	Tuff Struck Gold	349.250	335.594	684.844
3	Tracy Pinson	2X T-Buck	326.279	332.377	658.656
4	Rick Peniston	Savvy Gun Play	326.680	313.032	639.712
5	Dennis Tipton	Roos Pine Olena	316.251	320.259	636.510
6	Lesa Roe	Cat	299.320	312.862	612.182
7	Hannah Howe	Yadi	304.915	298.198	603.113
8	Jazzy Durgin	Bullet Proof	295.872	300.092	595.964
9	Tina Louise Icorn	Lil Buckwheat Sugar	281.482	306.709	588.191
10	Steve Barrett	Hammer	287.743	297.496	585.239
11	Josie Wilson	Kash	277.670	301.437	579.107
12	Kelsie Yates	Belle	258.519	290.874	549.393
13	Teresa Cone	Chip I'm Hot	256.796	292.208	549.004
14	Michael Garman	Newt	238.721	298.142	536.863
15	Josie Wilson	Bailey	253.927	256.712	510.639
16	Richard Hames	Rock N Blue Maiden	248.154	260.956	509.110
17	Vaudry Edge	Rojo Willy John 2	189.646	306.935	496.581
18	Rick Cone	Reys Kual Toy	0.000	312.929	312.929

			Round 1	Round 2	Total
	Intermediate Divison Results				
1	Lesa Roe	Cat	327.637	315.692	643.329
2	Mary Jo Veluzat	Boom Jac Kid	317.313	310.980	628.293
3	Jamie Caldwell	Pepto Master	304.373	323.468	627.841
4	Lisa Steinbach	Tuff Struck Gold	312.247	313.835	626.082
5	Jenna Bishop	J-Low	298.143	326.190	624.333
6	Michael Garman	Newt	303.831	312.987	616.818
7	Terri Glonek	One Tuff Cowgirl	314.064	299.629	613.693
8	Angela Graham	Jack	304.880	305.061	609.941
9	Teresa Cone	Chip I'm Hot	291.994	304.124	596.118
10	Tina Louise Icorn	Lil Buckwheat Sugar	276.154	318.563	594.717
11	Courtney Pearre	Tuff	306.091	286.881	592.972
12	Laurin Whitaker	Reyce	255.973	276.077	532.050
13	Alecia Grissett	Pepper	265.193	262.235	527.428
14	Mike Willy	Rock N Blue Maiden	244.800	251.907	496.707
15	James Neville	Taco	174.132	194.403	368.535
16	Edward Brown	Spook	0.000	267.935	267.935
	Youth Divison Results				
1	Josie Wilson	Kash	300.070	295.324	595.394
2	Josie Wilson	Bailey	0.000	281.864	281.864
	Ride Smart Results				
1	Tracy Pinson	2X T-Buck	340.434	343.236	683.670
2	Dennis Tipton	Pepto Master	331.995	319.252	651.247
3	Vaudry Edge	Rojo Willy John 2	317.432	331.548	648.980
4	Rick Peniston	Savvy Gun Play	329.446	316.011	645.457
5	Tracy Pinson	Tuff Night At The Ritz	317.331	325.485	642.816
6	Dennis Tipton	Roos Pine Olena	292.736	333.734	626.470
7	Steve Barrett	Hammer	286.500	312.099	598.599
8	Tina Louise Icorn	Lil Buckwheat Sugar	274.490	319.773	594.263
9	Michael Garman	Newt	302.302	279.833	582.135
10	Lisa Steinbach	Tuff Struck Gold	274.238	294.132	568.370
11	Sherry Garman	Lumpy	239.700	0.000	239.700
3	Pro Divison Results				
1	Kelsie Yates	Whiskey	332.022	326.930	658.952
2	Jazzy Durgin	Bullet Proof	307.689	319.379	627.068
3	Lee Hart	Lets Face It	290.994	331.189	622.183
4	Rick Cone	Reys Kual Toy	309.752	285.776	595.528
5	Josie Wilson	Kash	277.762	289.045	566.807
6	Kelsie Yates	Belle	259.098	302.254	561.352
7	Josie Wilson	Bailey	281.075	269.615	550.690



Lee Hart Clinic in Gainesville, GA

Thank you Shelby Ratliff Photography!



July 2023 Newsletter

SOCA Obstacle Schooling Day

Thank you Shelby Ratliff Photography!



HIGH POINT STANDINGS AS OF 8/15/23

SOCA RACE HIGH POINT - 2023

		Total
Young Guns Division Results		
NO BUCKLE		
1	Jordan Jeffers	993.088
2	Laynie Rose	963.730
3	Rilynn Rose	868.799
4	Brooklyn Baldwin	677.347
5	Braylie Sturgeon	673.510
6	Braylie Sturgeon	529.225
7	Kinsleigh Rose	267.740
8	Kinsleigh Rose	260.907
9	Ashlyn Kelley	234.355
10	Brooke Bremer	215.239
Novice Division Results		
1	Edward Brown	1957.604
2	Stacy Chambers	1696.891
3	Tyler Howe	1597.639
4	Terri Glonek	1563.080
5	Angela Graham	1554.670
6	Alecia Grissett	1407.362
7	Sandra Baird	1383.322
8	Jamie Caldwell	1307.042
9	Jamie Caldwell	1251.382
10	Laurin Whitaker	1148.070
Green Horse Results		
NO BUCKLE		
1	Tracy Pinson	1573.351
2	Mike Jeffers	1405.218
3	Carly Renault	1328.320
4	Mike Jeffers	1257.279
5	Shelby Ratliff	1137.555
6	Chad Blunk	857.070
7	Kirsten Mew	781.999
8	Courtney Pearre	749.875
9	Kaylie Hiers	688.330
10	Chris Redden	651.357
Non Pro Division Results		
1	Tracy Pinson	2662.292
2	Tracy Pinson	2610.265
3	Hannah Howe	1959.227
4	Kelsie Yates	1816.332
5	Dennis Tipton	1730.321
6	Rick Peniston	1699.930
7	Tina Louise Icorn	1536.170
8	Lesa Roe	1502.442
9	Karen Huey	1473.509
10	Kelsie Yates	1443.382
Intermediate Division Results		
1	Lisa Steinbach	2424.352
2	Jenna Bishop	1997.870
3	Courtney Pearre	1996.758
4	Mary Jo Veluzat	1975.663
5	Terri Glonek	1936.233
6	Angela Graham	1935.912
7	Edward Brown	1893.290
8	Tina Louise Icorn	1852.684
9	Alecia Grissett	1698.791
10	Lesa Roe	1643.053
Youth Division Results		
NO BUCKLE		
1	Josie Wilson	595.394
2	Breanna Bork	398.407
3	Gina Gatto	326.398
4	Meredyth Crews	325.555
5	Braxton Leggett	322.957
6	Charlotte Kelley	292.462
7	Josie Wilson	281.864
8	Gia Faiello	182.505
Ride Smart Division Results		
1	Tracy Pinson	2621.409
2	Lisa Steinbach	2394.633
3	Tracy Pinson	2233.108
4	Dennis Tipton	1975.276
5	Dennis Tipton	1960.014
6	Tina Louise Icorn	1925.006
7	Rick Peniston	1662.955
8	Karen Huey	1491.750
9	Michael Garman	1416.618
10	Bob Hill	1337.339
Pro Division Results		
NO BUCKLE		
1	Kelsie Yates	1786.606
2	Kirsten Mew	1114.485
3	Lee Chapman	1083.699
4	Leanne Hale	1081.842
5	Jazzy Durgin	1072.116
6	Kelsie Yates	1026.825
7	Carly Renault	958.179
8	Lee Hart	622.183
9	Rick Cone	595.528
10	Josie Wilson	566.807

SOCA OBSTACLE CHALLENGE HIGH POINT - 2023

	Rider	Horse	Total
Novice Division			
1	Karen Chadwick	GB Bocelli	265.50
2	Kimberly Paquette	Absoluteontherocks	259.50
3	Janet Bozeman	Fergie	258.00
4	Sarah Bremer	Rocket	252.00
5	Donna Milliken	Thor	244.00
6	Leslie Davis	WR Esmeralda's Will By Caymus	241.50
7	Dusty Bremer	Diesel	235.50
8	Julie Testa	Boone	224.00
9	Robin Staley	Demi	186.50
10	Courtney Snyder	Finn	182.00
Youth Division			
1	Meghan Maharrey	One Tuff Cowgirl	266.50
2	Kailey Hetherman	One Tuff Cowboy	203.00
3	Brooke Bremer	Shades	197.00
4	Alexa Jackson	Pepperoni	128.50
5	Ella Laiosa	Doc Holiday	115.50
6	Charlotte Kelly	Fitz	108.00
7	Gina Gatto	Patch	104.50
8	Sophia Johnson	Fergie	94.00
9	Ashlyn Kelly	Snazzy	89.50
10	Khole Murray	Twizzler	74.00
Intermediate Division			
1	Margo Cook	Luna	281.50
2	Marilyn Loaces	Manolo de Erimar	274.00
3	Garey Wallace	Breeze	267.50
4	Phyllis Kirby	Patrone	265.00
5	Lisa Cusimano	Sierra	262.50
6	Donna Bellusci	Chicago's Lad (Caz)	258.00
7	Barbara Van Winkle	Pepper	255.00
8	Nancy Biddinger	Rooster	247.00
9	Mo Earle	Whodat	244.00
10	Karen Ketchum	Bindi	189.50
Open Elite Division			
1	Suzan Hunt	Emmett	292.00
2	Cathy Rotola	Nick	291.00
3	Donna Schneider	Hey Gotcha	288.00
4	Lesa Roe	Cat	281.50
5	Renee Lewis	TR Really Splendid "Ace"	255.50
6	Connie Lloyd	Larks Grey Twist	229.50
7	Jazzy Durgin	Bulletproof	141.50
8	Shelby Ratliff	Drifting Thru Poco	136.50
9	Paige Mulford	Maya	117.00

Keeping Horses Cool

Reprinted from the American Association of Equine Practitioners

We all long for warmer weather and the longer rides summer affords. But heat and humidity are major concerns for rider and horse since heat-related illness can be dangerous – even fatal. Horses have efficient natural thermoregulatory systems to cool themselves, but sometimes they are overwhelmed and cannot compensate for the heat. Hyperthermia or heatstroke results when your horse is unable to control his internal temperature and it starts to rise.

Signs of heatstroke are elevated respiratory rate – 40 to 50 breaths per minute (normal: eight to 16) – that does not slow when at rest; a heart rate over 80 beats per minute (normal: 36 to 44 beats per minute) that does not slow down after a few minutes of rest; elevated rectal temperature over 103° F (normal: 99 to 100.5° F); lethargy; and/or profuse sweating or absence of sweating altogether. If left untreated, hyperthermia can cause death. **It is neither the heat alone nor the humidity alone that is concerning, but the two factored together.** Most researchers define high heat as over 86° F and high humidity as 80 to 85 percent.

Hyperthermia can occur when one of these three things are present: inadequate (fitness) conditioning, extreme hot and humid conditions, or a weakened thermoregulatory system.

If you want to ride, but you are concerned that it is too hot or humid for your horse, there are plenty of ways to keep your horse cool while riding.

Consider the time of day you ride. The hottest time of the day is the afternoon. Try getting up an hour early to ride. Or, if you are not an early riser, try riding in the late evening. These times when the sun is not as high in the sky are cooler times to ride.

Ride in the shade. If you have a covered or indoor arena with plenty of air circulation, ride there. If you do not have a covered space, try riding on trails or in and around the edges of fields that have tall trees for shade. This will lesson your horse's exposure to the direct heat of the sun.

Condition properly. Evaluate your horse's physical condition and his/her body condition score. Most obese or poorly muscled thin horses cannot combat the extra stress of working in the heat. If your horse has not been in regular work or you are unsure about a new mount's work history, begin your summer workouts slowly with approximately five to 10 minutes of trot only. Increasing your total workout time by five minutes each week, as well as increasing the intensity or speed at which you ride, will give your horse time to acclimate to the heat and humidity.

Replace electrolytes. Give your horse electrolytes in a water bucket or in feed. The horse loses salt and other minerals when he sweats, and these must be replaced. When adding electrolytes to water, make sure you also have a water bucket available without electrolytes. The horse might not like the taste of the electrolytes or he might not need many electrolytes.

Cool the horse properly. After you ride in the heat apply cool water to your entire horse. Spend time hosing his largest muscle areas and the largest and closest-to-the-surface blood vessels, the jugular vein in the neck and the saphenous vein on the inner thigh. Doing this cools the body faster.

Install a fan if your horse sweats while standing in the stall; some of these fans include water-misting systems.



Keeping Horses Cool (cont'd)

Reprinted from the American Association of Equine Practitioners

If the horse develops hyperthermia:

- Stop activity immediately and remove the saddle;
- Hose your horse with the coldest water available or a water/alcohol mix. Scrape the used water off and repeat;
- Offer your horse water and allow him to drink;
- Move him to the shade or a breezy location; and
- Call your veterinarian.

The earlier you recognize the signs of hyperthermia, the earlier the veterinarian can begin treatment and prevent further damage. Acclimating to heat and humidity does not guarantee that your horse will *not* get hyperthermia, so always keep an eye on your horse's health when riding this summer. Have a great time on horseback!

Cool Your Hot Horse

Reprinted from Horse & Rider Magazine

Here are six ways you cool your horse as the temperature rises.

- **Create a breeze.** Slow walking creates a bit of a breeze over your horse's body surface to enhance convective cooling. A fan works even better!
- **Find cooler air.** Shade provides cooler air temperatures, which also enhances convective cooling.
- **Hose him down.** As you hose off your horse, heat is lost due to evaporative cooling. Heat is also lost by conduction, as long as the water temperature is cooler than his body surface.
- **Myth alert!** Note that hosing your hot horse down with cold water doesn't cause any ill effects. The colder the water, the more conduction heat loss occurs.
- **Use misting fans.** Using misting fans is the most efficient method of all methods. In fact, Olympic horses are kept cool with this method. The mist causes cooling by conduction and evaporation, while the fans' breeze improves both evaporation and convection.
- **Offer water.** Allowing your hot horse to drink also has cooling effects, as the water temperature and your horse's interior temperature equalize. Of course, water also helps to keep him hydrated. Severe dehydration can lead to organ damage. **Myth alert!** There are no health risks associated with letting a hot horse drink cold water. And there's no such thing as giving your horse "too much" water.
- **Add electrolytes.** Your exercising horse loses electrolytes along with water in his sweat. His cells function like small batteries with different concentrations of electrolytes inside versus outside the cell. Another function of electrolytes, especially sodium, is to "hold" water in your horse's body. To maintain proper hydration levels, his brain constantly monitors sodium concentration. Thirst is triggered if the concentration of sodium gets too high; salt hunger is triggered if sodium gets too low.



July/August 2023 Newsletter

SOCA would like to thank our 2023 Corporate Sponsors
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2024 SPONSORS NEEDED!

SOCA is a **501c3 Non Profit Organization**, so donations are tax deductible. Small or large, **ALL** donations are appreciated!!! Sponsorships help us provide better events for you, including prizes, donations to charities and buckles for high point awards.

THANK YOU!!!

SOCA would like to thank the following for Product Donations:

Adequan, Bardsley Products, Compana Pet Brands (Manna Pro), Custom Embroidery by Maggie, Durango Boots, Life Data Corp & Farrier's Formula, Mrs. Pastures Cookies, Platinum Performance, Ride Smart Horsemanship, Rocking S Tack, Spurr's Big Fix, Straight Arrow (Mane n' Tail & Cowboy Magic), Triple Crown, TWHBEA, US Rider, Vetericyn, and Winner Circle Horse Supply



SOCA NEWS

Purpose of SOCA

OBSTACLE CHALLENGES

- Divisions for all levels of horses and riders
- Open to all breeds
- Payback in all classes, prizes, and ribbons
- Ten to fifteen obstacles
- Events will be in arenas and on the trail

EXTREME COWBOY RACES

- Sanctioned Extreme Cowboy Races with divisions for: Pro, Non-Pro, Novice, Intermediate, Ride Smart, Youth, Young Guns, & Green Horse
- Open to all breeds
- Payback, prizes, and ribbons

CLINICS/SCHOOLING DAYS

- Learn to negotiate obstacles
- Schooling days will allow you to practice obstacles with the help of others, and without the pressure of competition.

THANKS TO ALL OUR
SPONSORS, JUDGES &
VOLUNTEERS THAT MAKE OUR
EVENTS POSSIBLE!

Extreme Cowboy Racers

Reminder to pay your dues to the
EXCA so your points will count! If
you aren't sure if you are current,
check the EXCA website under the
club page.



SOCA dues (\$10) are due
January 1st!

Please renew at your first
event of the year. Dues help
fund the highpoint awards
and administrative costs of
the club.

If you have news that you would like to submit to the SOCA
newsletter, please email it to
southernobstaclechallenges@gmail.com

