





Craig & Cole Cameron Clinic in Florida!

January 14th and 15th marks an epic weekend for horse lovers! Craig and Cole Cameron will be conducting a clinic at Darby Oaks Stables in Bushnell, FL.

Registration forms are attached, if you are interested in riding or auditing. Lunch will be served to riders and auditors. This will be a great opportunity to learn from two master horsemen!

Florida Horse Park

March 4th and 5th, 2023

Saturday - Extreme Cowboy Race

Sunday - Obstacle Challenge

Come join us at the beautiful Florida Horse Park - Compete, Trail Ride, Volunteer or just watch - It will be a great event! Flyer and registration form are attached.

2023 SOCA EVENT FLYERS ARE POSTED ON THE WEBSITE – IT'S NEVER TOO EARLY TO ENTER!

Tentative 2023 Events

1/14-15/23 - Craig & Cole Cameron Clinic - Darby Oaks Stables, Bushnell, FL

3/4-5/23 – Florida Horse Park – Extreme Cowboy Race (double points) on Saturday & Obstacle Challenge on Sunday

April 2023 – TBD

5/6/23 – Extreme Cowboy Race (double points) The Canyon – Hodges, AL

6/3-4/23 – Extreme Cowboy Race – EXCA National Championships, TBD (5X Points)

7/8/23 - Obstacle Schooling Day – Darby Oaks Stables, Bushnell, FL

8/11/23 - Lee Hart Clinic, Gainesville, GA

8/12/23 – Extreme Cowboy Race –SE Regional Championships - TBD (Triple Points) Chicopee Agricultural Center, Gainesville, GA

9/15/23 - Clinic TBD

9/16/23 - Extreme Cowboy Race - TBD

11/18/23 – Obstacle Challenge – Darby Oaks Stables, Bushnell, FL

We need 2023 Sponsors!!

If you or a business that you know would like to be sponsor for SOCA, we would really appreciate it! Sponsorship forms are attached and every amount is appreciated.

HAPPY NEW YEAR TO YOU & YOUR FAMILIES!

Southern Obstacle Challenge Association P.O. Box 1479, Bushnell, FL 33513

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Fundamental Riding Advice to Carry Into 2023

If you ride horses, then you know the goal is to always evolve and get better – no matter the discipline. Below is advice from one of the best modern horsemen and five-time Olympian, Bill Steinkraus. These are some great reminders as we head into the New Year!

This is fundamental advice regardless of the discipline in which you ride, I have built my method and career around all of this, if you study the greatest horsemen in the world, you will see all of the points in action. This was said by one of the best modern horsemen Bill Steinkraus.

- "No. 1. Get your tack and equipment just right, and then forget about it and concentrate on the horse.
- No. 2. The horse is bigger than you are, and it should carry you. The quieter you sit, the easier this will be for the horse.
- No. 3. The horse's engine is in the rear. Thus, you must ride your horse from behind, and not focus on the forehand simply because you can see it.
- No. 4. It takes two to pull. Don't pull. Push.
- No. 5. For your horse to be keen but submissive, it must be calm, straight and forward.
- No. 6. When the horse isn't straight, the hollow side is the difficult side.
- No. 7. The inside rein controls the bending, the outside rein controls the speed.
- No. 8. Never rest your hands on the horse's mouth. You make a contract with it: "You carry your head and I'll carry my hands."
- No. 10. Once you've used an aid, put it back.
- No. 11. You can exaggerate every virtue into a defect.
- No. 12. Always carry a stick, then you will seldom need it.
- No. 13. If you've given something a fair trial, and it still doesn't work, try something else—even the opposite.
- No. 14. Know when to start and when to stop. Know when to resist and when to reward.
- No. 15. If you're going to have a fight, you pick the time and place.
- No. 16. What you can't accomplish in an hour should usually be put off until tomorrow.
- No. 17. You can think your way out of many problems faster than you can ride your way out of them.
- No. 18. When the horse jumps, you go with it, not the other way around.
- No. 19. Don't let over-jumping or dull routine erode the horse's desire to jump cleanly. It's hard to jump clear rounds if the horse isn't trying.
- No. 20. Never give up until the rail hits the ground.
- No. 21. Young horses are like children—give them a lot of love, but don't let them get away with anything.
- No. 22. In practice, do things as perfectly as you can; in competition, do what you have to do.
- No. 23. Never fight the oats.
- No. 24. The harder you work, the luckier you get."

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SOCA would like to thank the following for Product **Donations to the EXCA National Championships!**















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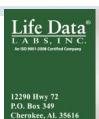




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2023 SPONSORS NEEDED!

SOCA is a 501c3 Non Profit Organization, so donations are tax deductible. Small or large, ALL donations are appreciated!!! Sponsorships help us provide better events for you, including prizes, donations to charities and buckles for high point awards.

THANK YOU!!!



SOCA NEWS

Purpose of SOCA

OBSTACLE CHALLENGES

- Divisions for all levels of horses and riders
- Open to all breeds
- Payback in all classes, prizes, and ribbons
- Ten to fifteen obstacles
- Events will be in arenas and on the trail

EXTREME COWBOY RACES

- Sanctioned Extreme Cowboy Races with divisions for: Pro, Non-Pro, Novice, Intermediate, Ride Smart, Youth, Young Guns, & Green Horse
- Open to all breeds
- Payback, prizes, and ribbons

CLINICS/SCHOOLING DAYS

- Learn to negotiate obstacles
- Schooling days will allow you to practice obstacles with the help of others, and without the pressure of competition.

THANKS TO ALL OUR
SPONSORS, JUDGES &
VOLUNTEERS THAT MAKE OUR
EVENTS POSSIBLE!

Extreme Cowboy Racers

Reminder to pay your dues to the EXCA so your points will count! If you aren't sure if you are current, check the EXCA website under the club page.



SOCA dues (\$10) are due January 1st!

Please renew at your first event of the year. Dues help fund the highpoint awards and administrative costs of the club.

If you have news that you would like to submit to the SOCA newsletter, please email it to

southernobstaclechallenges@gmail.com

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